

## Phrases to encourage curiousness when with the child:

- It makes me feel sad to hear that...
- I wonder where you learnt that?
- How come?
- Help me to understand why that is, why you feel like that etc
- Do you think....?
- I wonder if.....
- I notice....
- I guess....
- That must be really hard?
- It sounds like....
- Tell me more...
- You don't believe me when I say this. You think I am lying or I am stupid?
- It makes me feel sad to hear that
- How come that makes you feel that way?
- How come you like to do....?
- Hey, I think you've got that wrong
- I don't think I heard you the first time? Did you mean...
- Help me to understand when you hit the dog you wanted to hurt him? How come?
- What was that about?
- I notice....
- I wonder if this is connected to ...
- Thank you for letting me know that! That cant have been easy.
- How does it feel to be with someone you think doesn't care?
- What does it mean if I don't care?
- How do you handle it, talking to someone you think doesn't care?
- What do you do when you think someone doesn't care for you?
- Do you have that experience with someone else?
- If you think I don't care, does it effect how you feel about yourself?
- Are there other times you have had these thoughts about yourself?
- Do you feel like this a lot?
- How often do you feel like this/or think these thoughts?
- How does it feel now talking to me when you think I don't care?
- I'm glad you let me know what you want. But here we have....
- I can see...
- You might be thinking that I am...
- My guess is that you wanted to say....
- Wow, you really are....